

INDEPENDENT CATERING

FRESH FOOD

Dear Parent/Carer

September 2019 – A Fresh New Start!

Independent Catering are delighted to have been appointed as the new catering partners at Knollmead Primary School.

Following a rigorous tender process the school made the decision to partner with Independent Catering.

Independent catering are a small company focussed on providing your child with **freshly prepared, healthy meals** that will help your children reach their five portions of fruit and veg a day, we're also committed to using **honest, local produce**. This means that meat served can be traced back to the farm and meets or exceeds UK animal welfare standards. Many of the vegetables used have been sourced locally which reduces the environmental impact of your children's lunches. What's more, all ingredients used in meals are **free from additives**, artificial **trans fats** and **GMOs**, and most of the food is **freshly prepared** by trained chefs. Avoiding processed foods mean that our chef knows exactly what's going in to the food they are preparing, and it will also ensure that children can connect the food they are eating to where it came from. In addition, the award recognises that menus are inclusive of cultural needs and dietary requirements, so every child is catered for on our lunch menus.

90% of our menus are freshly prepared in the school kitchen which means we know what goes into our menus including any allergens. The allergen key is noted on the menus so you can determine if there is anything your child is unable to eat. In order that we are aware of any allergies do please notify the school office if you are aware of anything new that your child must avoid.

There is a 3 choice menu with a meat/fish choice, a vegetarian choice and a pasta or jacket potato on alternate days. The menus will be published on the schools website and on that of Independent Catering.



To accompany the main meal there will be a salad bar with a choice of 12 freshly prepared salads.



Homemade bread is also available daily.

There will be 5 desserts from which to choose including the dessert of the day, fruit yogurt, fruit jelly, fresh fruit and homemade cheese biscuits and cheese

INDEPENDENT CATERING

FRESH FOOD



Please remember that we operate a cashless system and you will still be able to top up your child's account and pay on line through your ParentPay account.

We look forward to welcoming you in September!